



## Weekly Action Item Reward Journal

Week of \_\_\_\_\_

This week's reward is \_\_\_\_\_

This month's reward is \_\_\_\_\_

Monday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_

Tuesday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_

Wednesday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_

Thursday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_

Friday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_

Saturday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_

Sunday Action Item: \_\_\_\_\_

Today's Reward is \_\_\_\_\_

(Check one) I completed my Action Item \_\_\_\_\_ I did not complete my action item \_\_\_\_\_