



***Hypnotic
Sensible Weight Loss
Freedom Commitment Form***

I, _____, am ready to free myself of my excess weight. I am ready to be a slimmer more healthy person!

On the date of _____, I am taking control of my life, and my weight and will have completed my Hypnotic Sensible Weight Loss pre-session work and begin participating with my Sensory Enhanced Hypnosis Sessions.

I'm making this commitment to lose _____ pounds for myself, my health and my future and know I will be successful.

Your Signature

Date